Year Year 9

Subject: Spanish

Topic/Unit: Module 3: Daily Routine, Diet, Sports, and Healthy Living (¿Llevas una dieta sana? y La rutina diaria).

When: Spring Term (6-week mid-term unit).

Overview: **Why this? Why now?** This unit equips pupils with essential language to discuss daily habits, nutrition, physical activity, and personal well-being. Following present-tense studies, learners advance their communicative competence by combining reflexive verbs, stem-changing verbs, and direct object pronouns. Introducing preterite tense recollections (ayer comí) alongside obligations (se debe / no se debe) enables students to express nuanced opinions and evaluate lifestyle choices.

Building on: Prior knowledge of basic present tense verbs (comer, beber, hacer), preliminary opinion phrases (me gusta, me encanta), core food nouns, and basic time expressions. **Building to:** Multi-tense paragraph writing and fluent spoken discussions incorporating present, preterite, and near-future (voy a + infinitive) tenses, direct object pronouns (lo/la/los/las), and modal structures.

Sequence summary:

- **Week 1 (Diet & Frequency):** Food and drink vocabulary, healthy eating opinions, and ordering frequency adverbs (todos los días, a veces, nunca).
- **Week 2 (Direct Object Pronouns & Past Tense):** Replacing food nouns with lo/la/los/las (la como) and recounting past meals using the preterite tense (ayer comí).
- **Week 3 (Sports & Stem-Changing Verbs)**: Distinguishing between jugar (team/ball sports) and hacer (activities), applying stem-changing verbs (jugar, preferir).
- **Week 4 (Daily Routine & Telling Time)**: Using reflexive verbs (despertarse, ducharse, acostarse) with clock times to describe routines.
- **Week 5 (Healthy Living Advice)**: Recommending health habits using se debe / no se debe / hay que / tienes que + infinitive.
- **Week 6 (Consolidation & Assessment)**: Synthesizing multi-tense language in written summaries and oral presentations.

Key Vocabulary:

- **Nouns & Verbs:** el pescado, las verduras, jugar al fútbol, hacer natación, despertarse, levantarse, ducharse, dormirse.
- **Grammar & Structures:** Direct object pronouns (lo, la, los, las); reflexive pronouns (me, te, se); stem-changers (jugar, preferir); preterite endings; se debe / no se debe + infinitive.
- **Frequency & Time:** tres veces al día, todos los días, a veces, a las... y media.

Assessments:

- **Formative**: Weekly listening gap-fills, vocabulary match-ups, translation tasks, and peer-evaluated writing.
- **Summative**: End-of-unit reading, listening, and a 50–80 word writing task detailing daily routines, past choices, and health advice.

Able and interested: Challenged to deploy three tenses seamlessly, write extended profiles of professional athletes, and create dialogue riddles using pronouns.

Inclusion, Personal Development and Wider Skills: Supports health education, diet awareness, and personal fitness (estar en forma). Promotes cross-cultural awareness of Hispanic diets. Scaffolds learning via structured sentence builders, gap-fills, and visual prompts.

Homework and Independent Learning: Weekly digital vocabulary revision, routine crossword puzzles, and short reflective writing tasks on healthy habits.