Year: 11
Subject: French
Topic/Unit: Module 4: Healthy Living (Sain ou malsain?)
When: Autumn Half Term 1

Huntington School
Learn and succeed

Overview: Why this? Why now? This unit focuses on the essential GCSE theme of health and well-being. As students begin Year 11, mastering vocabulary related to diet, mental health, and physical fitness is vital for their upcoming exams. This topic also encourages students to reflect on their own lifestyle choices as they enter a demanding academic year.

Building on...building to: The unit **builds on** foundational food and drink vocabulary from Years 8 and 9. It **builds to** the use of complex linguistic structures, such as combining three tenses (imperfect, present, and future) in a single piece of writing. Students will work towards a formal 90/150-word writing assessment at the end of the module.

Sequence summary:

- **Week 1:** Reviewing food groups and typical French dishes while introducing the verb *manger* and the concept of healthy versus unhealthy lifestyles.
- **Week 2:** Discussing daily meals and diet using partitive articles (*du, de la, des*) and the pronoun *en*. Students also master the verb *prendre*.
- **Week 3:** Focusing on emotions and mental health. Students learn to give advice using the imperative and modal verbs (*devoir, pouvoir, vouloir*). This week also covers body parts and role-playing a visit to the doctor.
- **Week 4:** Making future resolutions using the near future and simple future tenses. Students use the imperfect tense to describe past habits and compare them to the present.
- **Week 5:** Consolidation and revision, culminating in the formal end-of-module writing task.

Key Vocabulary:

- **Health/Diet:** *sain, malsain, délicieux, végétarien, les légumes, le sucre*.
- **Emotions:** *stressé, heureux, inquiet, fatigué*.
- **Body/Medical:** *la tête, le cœur, le bras, avoir mal à, un rendez-vous*.
- **Verbs:** *manger, prendre, devoir, pouvoir, vouloir, faire*.

Assessments:

- Weekly vocabulary tests based on homework learning.
- Retrieval "Do Now" tasks at the start of every lesson to check prior knowledge.
- A formal 90/150-word writing task to conclude the module.

Able and interested: Higher-tier students will focus on mastering the **simple future tense** and more complex verb forms. They are encouraged to use sophisticated infinitive structures such as *afin de* (in order to) and *au lieu de* (instead of) to add variety to their writing.

Inclusion, Personal Development and Wider Skills: The curriculum covers sensitive topics like **mental health and stress management**, providing students with the language to express their feelings. It promotes healthy living through advice on sleep, exercise, and balanced nutrition. Role-play activities develop confidence and communication skills in real-world scenarios.

Homework and Independent Learning:

- **Weekly ActiveHub tasks:** These provide digital revision of grammar and vocabulary from previous years.
- **Vocab Learning:** Students are expected to learn specific word lists each week for their classroom tests.