Year: 11
Subject: German.
Topic/Unit: Module 4: Gesundheit und Wohlbefinden (Health and Wellbeing)
When: Autumn Term 1

Huntington School
Learn and succeed

Overview: Why this? Why now? This unit teaches students how to talk about their physical and mental health. It is placed here to build on earlier topics like school and leisure, allowing students to use more complex language to describe their daily lives and future goals. Students learn to report illnesses, discuss healthy habits, and express what they value most in life.

Building on...building to: The unit builds on basic present tense verbs and simple opinions learned in earlier modules. It introduces the imperfect tense for modal verbs and conditional structures. This prepares students for advanced discussions on global issues and future career plans in the final GCSE units.

Sequence summary:

- **Body and Illness:** Identifying body parts and describing ailments using phrases like *...tut mir weh* and the preposition *seit*.
- **Accidents and Advice:** Discussing past injuries and hospital visits using modal verbs in the imperfect tense, such as *ich musste* (I had to) and *ich konnte nicht* (I wasn't able to).
- **Healthy Habits:** Making plans to improve fitness and diet using *um...zu* (in order to) and other infinitive structures.
- **Mental Wellbeing:** Expressing how to handle stress and ideal lifestyles using *wenn* (if/when) clauses combined with the conditional.
- **Life Priorities:** Reflecting on the importance of relationships, careers, and personal values.

Key Vocabulary:

- *Der Körper:* der Kopf, der Rücken, das Bein, der Bauch.
- *Illness:* Ich habe Fieber; Ich bin krank; Mir ist schlecht.
- *Healthy Living:* abnehmen (to lose weight); rauchen aufgeben (to give up smoking); sich regelmäßig bewegen (to exercise regularly).
- *Values:* die Freundschaft (friendship); die Karriere (career); persönliche Werte (personal values).

Assessments: Students complete listening and reading exams based on the health module. They also perform a role-play task as a patient at the doctor's office. A final writing assessment requires 130–150 words about their current lifestyle and future health goals.

Able and interested: Stronger students will use all modal verb forms in the imperfect tense and combine multiple tenses in their writing. They will also read authentic texts about famous German athletes, such as the Paralympic skier Anna-Lena Forster.

Inclusion, Personal Development and Wider Skills: The curriculum covers sensitive topics like mental health and stress management. Students develop social skills through paired role-plays and learn the importance of empathy and supporting friends.

Homework and Independent Learning: Homework includes weekly vocabulary learning and grammar practice on worksheets covering *um...zu* and conditional clauses. Students are also encouraged to use digital platforms for additional listening and reading practice.