

Huntington School History

How to help students in

GCSE History

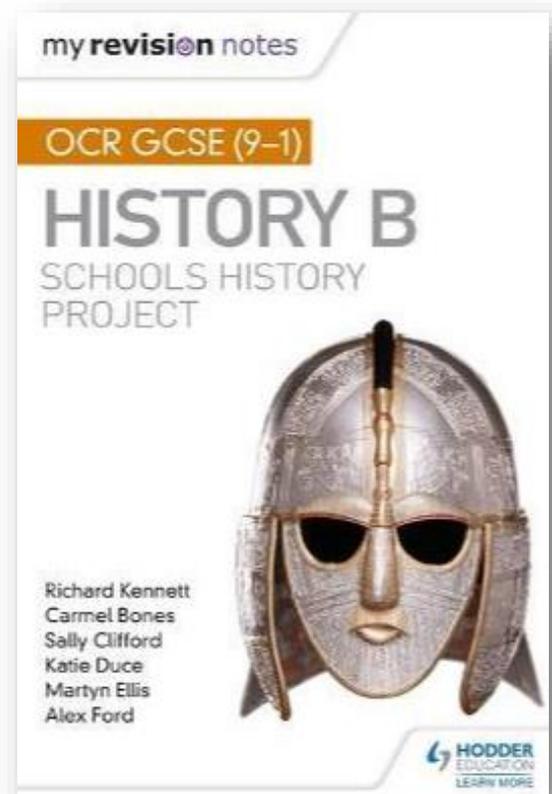
We follow the **OCR B (Schools History Project)** qualification, and have chosen to study the following units:

- History Around Us: Fountains Abbey
- The People's Health, 1250-present
- The Norman Conquest, 1060-1087
- Living under Nazi Rule, 1933-1945
- The Making of America, 1789-1900

Important note: due to timetabling, students will study these at a different rate over the two years, but normally with study them in this sequence.

You can **support your GCSE historian** in their day-to-day learning by

- Asking them about what they are learning and support them with homework tasks.
- Each unit has a **Core Content Document** and an **Exam Guide** printed on coloured paper – this should be a key focus of revision alongside the purple exercise books!
- This Hodder revision guide also covers all our units except Fountains Abbey.
- The **extend and develop** sections below will help you to find opportunities for students to further their knowledge and understanding, as well as a range of revision ideas.



History Around Us: Fountains Abbey

Extend and develop

Visit **Fountains** with your family or friends, either in Year 10 or as a revision trip in Year 11. Impress them with the full tour!

Visit **other monasteries** in Yorkshire if you can. St Mary's Abbey in the Museum Gardens is worth it to compare it's Georgian surroundings to the Water Gardens of Fountains.

There is also **Kirkstall Abbey, Rievaulx Abbey, Whitby Abbey and Mount Grace Priory**. Get out there and explore!

Revise and prepare

A **return visit** to show someone around the site is a great idea! It *really* helps you remember the detail of the site.

As schools each choose their own site, this unit isn't in the main revision guide. The green **Core Content Sheet** is the best bet for targeting revision.

The green Year 11 **Exam Guide** offers advice and exercises to complete in the final revision stages.

You can also access the **Huntington interactive tour** of the site at <http://bit.ly/Fabbeytour> - best accessed on a laptop or tablet.

Core content: Fountains Abbey and Studley Royal Water Gardens

The location of the site was chosen for religious and practical reasons.

MONASTIC VALUES: Monks devote life to God, value complete devotion to religion. Vows of poverty, austerity, chastity and obedience. Try to follow The Rule of St Benedict. Wanted isolation to allow concentration on God.

ISOLATED LOCATION: Needed to be very different to Benedictine Abbeys in/near towns, like St Mary's in York. No towns, villages or other monasteries near the Abbey. North empty after Harming of the North.

SURVIVAL: Location harsh, but suitable - water, shelter, land to grow food, building materials (wood and stone)

RIVER SWELL: water source, fish, water disposal, energy source for Mills, infirmaries both built over the river, water hatch in monk's infirmary. **RESOURCES:** Stone quarry, woodland, farmland

SUPPORT: Land had to be donated, monks received this from Archbishop Thurstan in York, to settle argument at St. Mary's.

VALLEY: shelter for the first 13 monks, also part of the lands of Archbishop Thurstan, a key supporter of new monastery.

MONKS ARGUED WITH ST MARY'S IN YORK: Agreed with Abbot and wanted to found a new reformed monastery, supported by Archbishop.

VALLEY: Swell Valley was already owned by the Church, but ensured walled before monks. Donated by Thurstan, Archbishop of York.

Huntington School GCSE History

Fountains Abbey & Studley Royal

How to Use | Location | Chronology and Topography | Site Map | Mediaeval Monasteries | Historiography

The People's Health, 1250-present

Extend and develop

Read **Dirty Old London: The Victorian Fight against Filth** by Lee Jackson
You'll need a strong stomach and a poor sense of smell! In chapters such as 'Night Soil', 'The Great Unwashed' and 'The Veil of Soot' Lee Jackson explores the challenges of public health reform in Victorian London.

Revise and prepare

The purple **Core Content Sheet** is the best bet for targeting revision to start with. **Testing** your student on it's contents is possibly the most helpful thing you can do to help them prepare.

The purple Year 11 **Exam Guide** offers advice and exercises to complete in the final revision stages.

For even more detail, this unit is covered in the **Hodder Revision Guide** pictured on page 1 of this information.

The People's Health: GCSE Core Content
Medieval Britain: 1250-1500

Medieval England was a Christian country with a strictly ordered society.

- Almost everyone in Medieval England was a **Christian**. The Roman Catholic Church was very wealthy and nearly every parish had its own church building.
- Society was strictly ordered and controlled (**hierarchical**). The **King** had most power. He gave land to the **barons** who in return rented it to **knights**.
- **Peasants** worked the land and 90% of people lived in the countryside.
- Technology was limited but trade was widespread. Wool was traded with Europe.
- People believed in ancient ideas about health like the Greek idea of **four humours**.

Life in the countryside was difficult but quite healthy.

- Peasants depended on a good **harvest**. In 1315 a bad harvest led to the Great Famine.
- Most peasants lived in simple homes made from mud and sticks (**wattle and daub**). They had **open hearths** which caused lots of smoke.
- Gardens had **middens** (rubbish heaps) or **cesspits** for dealing with waste.
- Peasants had quite healthy diet with lots of vegetables and **pottage**. Fungus on rye bread did lead to **ergotism** for some.
- Peasants got their water from streams, springs or wells. They drank a lot of weak ale and cider which killed the bacteria and germs in the water.

Medieval towns provided both benefits and dangers to people's health.

- **Markets** were central to town life. They offered a variety of products and trades.
- Some towns had a **conduit** in the town square which provided clean water. There were also often public latrines.
- **Acquies** often tightly packed helping disease spread. Rich people had inside latrines but most latrines were outside.
- **Scavengers** were paid to remove human waste from latrines and cesspits. Cesspits could leak into the water supply.
- Animal dung and trade waste from e.g. **tanners** and **fishmongers** was a big problem in towns. **Rakers** were paid to remove the waste.

The Black Death was deadly as confusion over the causes led to difficulty in treating it.

- The Black Death, a plague that hit England in 1348-49, killing 30-60% of the population.

The Norman Conquest 1060-1087

Extend and develop	Revise and prepare
<p>Read <i>The Norman Conquest</i> by Marc Morris This is an engaging and vivid narrative account of the Norman Conquest.</p> <p>The BBC short series called <i>The Normans</i>, presented by Robert Bartlett is also excellent.</p> <p>Richard Kennett's YouTube Channel is also really helpful for this unit.</p>	<p>The blue Core Content Sheet is the best bet for targeting revision to start with. Testing your student on it's contents is possibly the most helpful thing you can do to help them prepare.</p> <p>The blue Year 11 Exam Guide offers advice and exercises to complete in the final revision stages.</p> <p>For even more detail, this unit is covered in the Hodder Revision Guide pictured on page 1 of this information.</p>

Living Under Nazi Rule, 1933-1945

Extend and develop	Revise and prepare
<p>Read <i>Travellers in the Third Reich</i> by Julia Boyd. It gives a fascinating tourists-eye view of life in Nazi Germany. Well worth dipping into.</p> <p>There is a wealth of documentaries about Nazi Germany but be careful which ones you trust. They are of very mixed quality.</p> <p>Generally speaking, videos on YouTube, unless clips of reliable documentaries, should not be trusted.</p> <p>However, Richard Kennett's YouTube channel is reliable and really helpful on this topic.</p>	<p>The purple Core Content Sheet is the best bet for targeting revision to start with. Testing your student on it's contents is possibly the most helpful thing you can do to help them prepare.</p> <p>The purple Year 11 Exam Guide offers advice and exercises to complete in the final revision stages.</p> <p>For even more detail, this unit is covered in the Hodder Revision Guide pictured on page 1 of this information.</p>

The Making of America, 1789-1900

Extend and develop

Ken Burns 'America' website

This is rich in visual and film resources and contains links to a wide range of useful and interesting documentaries.

<http://www.pbs.org/kenburns/>

Revise and prepare

The orange **Core Content Sheet** is the best bet for targeting revision to start with. **Testing** your student on it's contents is possibly the most helpful thing you can do to help them prepare.

The orange Y11 **Exam Guide** offers advice and exercises to complete in the final revision stages.

For even more detail, this unit is covered in the **Hodder Revision Guide** pictured on page 1 of this information.