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Dear Parent/Carer

I am writing first to introduce myself. I am the Subject Leader of PSHE (Personal, social, health and economic education) and RSE (Relationship and Sex Education). As you may already be aware, your child's form tutor teaches this subject each week on Mondays, period 3. PSHE is a statutory but non-examined subject and at Huntington School we believe that it is a vital part of every child's education to ensure that they have the skills and knowledge to keep themselves safe, healthy and happy.

The Department for Education have set out clear guidance in the form of statutory guidelines about what we need to cover within the PSHE and RSE lessons. Our PSHE curriculum has been both structured around these guidelines and designed to meet the specific needs of our students. The lessons are divided into 5 areas:

Relationships and Sex Education (RSE), which is an important part of PSHE education and has been made statutory by the Department for Education for all secondary school pupils.

Health Education, this is also statutory and teaches students about physical health and mental wellbeing to give them the information they need to make good decisions about their own health and wellbeing.

Aspirations (Careers Information, Advice and Guidance), which is characterised by an ambitious approach of wide possibilities for students and is aimed to ensure high aspirations.

Economic understanding, where pupils are provided with age-appropriate knowledge about aspects such as interest, financial exploitation, scams, terms and conditions, contracts and debt.

Responsive lessons, as it is important for PSHE to be responsive to the needs of each year group. For these lessons the content will be planned nearer the time in response to their needs and based on the pastoral teams' reflections.

We are aware that many of the topics covered in PSHE lessons are sensitive and that it is useful for parents to know what is coming up in their child's lessons. To access an overview of each year group click [here](#) and the table below shows what is coming up for your child this term:

W/C	A/B	Theme	Topic	Students will be supported to:	Why is this important for our students?
04/09/2023	A		Training day		
11/09/2023	B	Careers	Post-16 Recap (Main Hall)	<p>Having been provided with detailed information about the Post-16 education system, and having had the chance to listen to (and ask questions) to all the major Post-16 providers around the city before summer; this lesson is a re-cap of this information.</p> <p>This session will provide key upcoming deadlines including Taster Day applications, and will also introduce the Year 11 Career Interview process.</p>	<p>It is important that our students realise that they are very close to the end of Year 11 (even though it may not seem like this). By now, students should have (at least) some form of career plan in place, and this message should be strongly reinforced.</p> <p>Information about all Post-16 providers, previous assemblies and this lesson are all available in the Aspirations Section of the school website (Year 11 Information).</p> <p>Students without a career plan, or with concerns can access support from Aspirations at any time.</p>
18/09/2023	A	Responsive	An introduction to British Value and protected characteristics. To introduce Voice 21 Oracy skills and the importance of how to speak and listen to each other respectfully and effectively.	<p>Understand what is meant by Protected Characteristics and British Values.</p> <p>To understand why Voice 21 Oracy skills are an important life skill and should be practised within PSHE.</p>	<p>It is important for students to understand what is meant by Protected Characteristics. It is also important to understand the values that we in Britain aspire to promote.</p> <p>This lesson launches the importance of Oracy skills. The class will develop and agree to a</p>



					series of protocols to follow when engaging in class discussion. Oracy skills also includes how to evidence listening aswell.
25/09/2023	B	RSE	Family Conflict	<p>Explain how the outcome of family disagreements is dependent on each person’s conduct</p> <p>Explain the link between emotional wellbeing and the health of family relationships</p> <p>Describe strategies for preventing and managing family conflict</p> <p>Identify when support is needed for personal safety and explain how to access appropriate help</p>	<p>It is an essential life skill for students to understand how to conduct themselves throughout a disagreement or challenging conversation. It is also vital that students understand when and how to access support.</p>
02/10/2023	A	RSE	Long term commitment	<p>Describe the options available to people who wish to make a long-term commitment</p> <p>Explain how a long-term relationship can become legally binding</p> <p>Recognise the unacceptability of forced marriage and identify support for someone who may be at risk</p> <p>Explain what commitment means and why this may be important in long-term relationships</p>	<p>It is important for students to understand the options available to people who wish to make long term commitments. It is also vital for students to understand what the word commitment means. It is also essential for all students to understand that no-one should be forced into marriage and the support that is available to them.</p>



09/10/2023	B	RSE	Harassment & Stalking	Understand what the terms harassment and stalking mean. To know where to seek support when needed. To understand the impact that harassment and stalking behaviours can have on other people.	It is important for students to understand what is meant by the words harassment and stalking. It is vital that students understand the impact that this behaviour and actions can have on the victim. It is essential that students can identify this behaviour and know how to seek support.
16/10/2023	A	Responsive	Voice 21 Oracy Challenge	To understand why Voice 21 Oracy skills are an important life skill and should be practised within PSHE not just amongst your peers but also within a range of audiences.	Developing Oracy skills is an important life skill. This Oracy challenge will help students to understand how to adapt Oracy for different audiences.
23/10/23	B	Responsive	Voice 21 Oracy Challenge	To understand why Voice 21 Oracy skills are an important life skill and should be practised within PSHE not just amongst your peers but also within a range of audiences.	Developing Oracy skills is an important life skill. This Oracy challenge will help students to understand how to adapt Oracy for different audiences.
30/10/23			Holidays		
6/11/2023	A	HE	Benefits of regular self-checking & screening	Understand what Breast Cancer is and Testicular Cancer. How to check yourself to keep yourself safe.	While cancer is rare in children and young people, there are around 3,755 young people diagnosed with cancer each year in the UK.



13/11/2023	B	Responsive	Anti-Bullying Awareness Week (Odd Socks Day)	To develop an awareness that this is a week where the UK promotes an awareness of what bullying is and how we must all stand against it. Students will explore further the different forms that bullying can take and how we make a stand to not let this be acceptable behaviour in our school community.	All year groups will explore ways that they can promote Anti-bullying week. This is an important part of being an active citizen.
20/11/2023	A	RPE	Introduction to extremism	Understand what radical/extremist worldviews are, and which sorts of people are more likely to become radicalised and drawn into an extreme worldview.	It is important for students to understand for their own safety what radical/extremist worldviews are, and which sorts of people are more likely to be drawn into this extreme worldview.
27/11/2023	B	RPE	What are Logical fallacies?	Understand what logical fallacies are and how radical worldviews use them to persuade people into adopting extreme worldviews.	There are 18 logical fallacies we will come across in this topic and we'll be practising spotting them in the real world. This will help us become less-easily misled and tempted by extreme worldviews.
04/12/2023	A	RPE	What Logical fallacies are commonly used in Politics?	Same as above	Same as above
11/12/2023	B	RPE	What Logical fallacies are commonly used in Religion?	Same as above	Same as above
18/12/2023	A	RPE	What Logical fallacies are commonly used in social media?	Same as above	Same as above



We know that for these topics to have maximum impact on our students it is the conversations they have at home, based on what they have learnt that is vital. I would value any suggestions that you might have as well as any training that you feel you would benefit from as a parent so that I can support you and your child as you have conversations around these challenging topics.

I will send out a PSHE Parental Newsletter each term to highlight the content of your child's forthcoming PSHE and RSE lessons. If you have any questions or concerns, please do not hesitate to get in touch

Kindest regards

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