



Huntington Road, Huntington, York, YO32 9WT. Tel: 01904 752100
Email: mail@huntington-ed.org.uk
Headteacher: Mr M Smith

15th September 2023

Dear Parent/Carer

I am writing first to introduce myself. I am the Subject Leader of PSHE (Personal, social, health and economic education) and RSE (Relationship and Sex Education). As you may already be aware, your child's form tutor teaches this subject each week on Mondays, period 3. PSHE is a statutory but non-examined subject and at Huntington School we believe that it is a vital part of every child's education to ensure that they have the skills and knowledge to keep themselves safe, healthy and happy.

The Department for Education have set out clear guidance in the form of statutory guidelines about what we need to cover within the PSHE and RSE lessons. Our PSHE curriculum has been both structured around these guidelines and designed to meet the specific needs of our students. The lessons are divided into 5 areas:

Relationships and Sex Education (RSE), which is an important part of PSHE education and has been made statutory by the Department for Education for all secondary school pupils.

Health Education, this is also statutory and teaches students about physical health and mental wellbeing to give them the information they need to make good decisions about their own health and wellbeing.

Aspirations (Careers Information, Advice and Guidance), which is characterised by an ambitious approach of wide possibilities for students and is aimed to ensure high aspirations.

Economic understanding, where pupils are provided with age-appropriate knowledge about aspects such as interest, financial exploitation, scams, terms and conditions, contracts and debt.

Responsive lessons, as it is important for PSHE to be responsive to the needs of each year group. For these lessons the content will be planned nearer the time in response to their needs and based on the pastoral teams' reflections.

We are aware that many of the topics covered in PSHE lessons are sensitive and that it is useful for parents to know what is coming up in their child's lessons. To access an overview of each year group click [here](#) and the table below shows what is coming up for your child this term:

W/C	A/B	Theme	Topic	Students will be supported to:	Why is this important for our students?
04/09/2023	A		Training day		
11/09/2023	B	Responsive	An introduction to British Value and protected characteristics. To introduce Voice 21 Oracy skills and the importance of how to speak and listen to each other respectfully and effectively.	Understand what is meant by Protected Characteristics and British Values. To understand why Voice 21 Oracy skills are an important life skill and should be practised within PSHE.	It is important for students to understand what is meant by Protected Characteristics. It is also important to understand the values that we in Britain aspire to promote. This lesson launches the importance of Oracy skills. The class will develop and agree to a series of protocols to follow when engaging in class discussion. Oracy skills also includes how to evidence listening aswell.
18/09/2023		RS	Respectful relationship behaviours	Explain the difference between welcome and unwelcome interest Describe respectful behaviour in both everyday and romantic contexts Describe ways to challenge inappropriate behaviour Explain how someone might assess their readiness for intimacy Explain when and how to access support if encountering inappropriate behaviours	It is vital for our students to understand what respectful behaviour looks like in romantic, friendship, professional and everyday contexts. It is important for our students to be equipped with the skills to be able to challenge inappropriate behaviour when they see it and access support. Students in this lesson will also learn to assess their readiness for intimacy.



25/09/2023	B	RSE	Giving and seeking permission	<p>Explain what consent means, both legally and ethically, and why it is so important.</p> <p>Describe how to recognise when a person is consenting and when they are not.</p> <p>Explain how consent is sought, given and not given in a healthy relationship.</p> <p>Describe or demonstrate what to say and do to seek the consent of another person</p>	<p>This block of lessons continues to build on what students have learnt in year 7 and 8. Giving and seeking permission is an important topic that needs to be revisited throughout the PSHE curriculum. It is crucial for students' safety, health and happiness now and in their future adult lives.</p> <p>In this lesson students are reminded about the key features of a healthy relationship. To learn what to say and do to seek consent of another person.</p>
02/10/2023	A	RSE	Freedom and capacity to consent	<p>Explain what is meant by freedom and capacity to consent.</p> <p>Recognise contexts where someone's freedom or capacity to consent have been reduced or removed, and why this means consent has no longer been given.</p> <p>Explain why trying to make someone more vulnerable or misleading them is wrong and can be a very serious offence.</p> <p>Explain where, why and how to get advice and support for issues relating to consent</p>	<p>It is essential that students understand what an unhealthy relationship is and how to access support if they need it.</p> <p>An unhealthy relationship can manifest itself in a range of ways. Freedom and capacity to consent is an essential area of knowledge that students need to be aware of to keep themselves safe, happy and healthy.</p>



09/10/2023	B	RSE	Managing the end of relationships	<p>Be able to identify the range of emotions associated with breakups Be able to describe ways to manage a breakup safely and appropriately</p> <p>Be able to suggest strategies to help manage emotions when a relationship ends Be able to explain how and where to get help for managing difficult relationship breakups</p>	Relationship breakups are sadly something most students will experience at some point in their lives. In the moment this can make people feel helpless. It is therefore essential that students understand the range of emotions that come with a breakup, develop tools about how to manage a breakup appropriately. Also, how to apply strategies to cope with emotions after the relationship ends. It is also vital that students all know where to turn to for support.
16/10/2023	A	RSE	STIs and contraception	<p>List some of the most common STIs, their symptoms and consequences Name the contraceptive methods which provide some protection against STI infection and describe where to get contraceptives Know how to access reliable sources of help to support sexual health or relating to unplanned pregnancy</p>	Many people in Britain underestimate the risk of STIs, which can lead to risky behaviour, like unprotected sex.
23/10/23	B	Citizenship	Finance: Managing risk	To understand what fraud is and scams. To understand how to keep yourself and your money safe.	A key life skill is to have an understanding of finances. How to manage money and keep control of it. In their maths curriculum, students are given the skills to understand how to apply their maths to money management. But in PSHE they will learn how it applies to real life scenarios.



30/10/23			Holidays		
6/11/2023	A	RSE and Voice 21	Being safe- an introduction	<p>Understand the purpose of this series of lessons</p> <p>Know what the law says about:</p> <ul style="list-style-type: none"> Domestic abuse Criminal exploitation Hate crime <p>Know about the risks in belonging to a gang</p> <p>Know about the social, legal and physical consequences of gang behaviours</p>	It is important for students to be educated about how to keep themselves safe within a range of areas of dangers. This lesson explores gangs, hate crime and the risks.
13/11/2023	B	Responsive	Anti Bullying Week (Odd Socks Day)	<p>To develop an awareness that this is a week where the UK promotes an awareness of what bullying is and how we must all stand against it.</p> <p>Students will explore further the different forms that bullying can take and how we make a stand to not let this be acceptable behaviour in our school community.</p>	All year groups will explore ways that they can promote Anti-bullying week. This is an important part of being an active citizen.
20/11/2023	A	RSE and Voice 21	Extremism	<p>Understand what extremism means.</p> <p>Recognise that there are different forms of extremism – violent and non-violent.</p> <p>Consider how extremist thought or ideas can lead to violent action.</p>	It is vital that students understand what extremism means and the different forms that can take. It is essential that students are aware of the dangers of extremist thought and ideas that can lead to violent action.



27/11/2023	B	RSE and Voice 21	Being British	<p>Explore ownership of 'Being British' - why we all have a stake in this country.</p> <p>Reassess common notions of 'Britishness' and recognise that we are all held together by human values of respect for others, freedom of expression, democracy, rule of law.</p> <p>Recognise that we are all different, but diversity is a strength not a weakness.</p>	<p>Building on our school's core values of respect, honesty and kindness it is important that students use this lesson to reflect on what the term 'being British' means.</p> <p>Students are encouraged to recognise that we are all different, but diversity of our country is a strength and not a weakness.</p>
04/12/2023	A	RSE and Voice 21	Prejudices and stereotypes	<p>Recognise how pre-judging people (prejudice) can lead to discrimination.</p> <p>Learn to question / be critical and find out more information before assuming the worst in others.</p> <p>Recognise that we are all different and that diversity is a strength not a weakness.</p>	<p>It is vital that students understand what the terms prejudice and discrimination mean. It is important for students to explore with this lesson ways to question and find out more before assuming the worst in others.</p>
11/12/2023	B	RSE and Voice 21	Criminal Exploitation and County Lines	<p>To understand what is meant by Criminal Exploitation and County Lines.</p> <p>To understand the dangers</p>	<p>Young people age 14-17 years old are the most commonly target groups for criminal exploitation. However, some children as young as 7 can become victims. It is essential for all student's safety that they understand what 'County Lines' means, to understand the dangers and how they 'hook' you in. It is also essential that students look out for each other, see the signs and know how to report it and get support.</p>



18/12/2023	A	RSE and Voice 21	Fake News, Bias, Extremist Views and Content	<p>What we mean by real news or fake news.</p> <p>If news isn't true, does that make it fake?</p> <p>Spotting the difference between real and false.</p> <p>What do we mean by bias and why is it important to understand how this impacts on us.</p> <p>What are Extreme views and why we should be aware of the dangers.</p>	<p>This is a vital part of the 'Being Safe' programme of lessons. This lesson helps to gives students the skills and knowledge you need to keep you safe when accessing articles online and in the news.</p>
------------	---	------------------	--	--	--



We know that for these topics to have maximum impact on our students it is the conversations they have at home, based on what they have learnt that is vital. I would value any suggestions that you might have as well as any training that you feel you would benefit from as a parent so that I can support you and your child as you have conversations around these challenging topics.

I will send out a PSHE Parental Newsletter each term to highlight the content of your child's forthcoming PSHE and RSE lessons. If you have any questions or concerns, please do not hesitate to get in touch

Kindest regards

Ms Beth Pellemounter
Subject Leader of PSHE and Literacy Curriculum Coordinator
bj.pellemounter@huntington-ed.org.uk