



Huntington Road, Huntington, York, YO32 9WT. Tel: 01904 752100
Email: mail@huntington-ed.org.uk
Headteacher: Mr M Smith

15th September 2023

Dear Parent/Carer

I am writing first to introduce myself. I am the Subject Leader of PSHE (Personal, social, health and economic education) and RSE (Relationship and Sex Education). As you may already be aware, your child's form tutor teaches this subject each week on Mondays, period 3. PSHE is a statutory but non-examined subject and at Huntington School we believe that it is a vital part of every child's education to ensure that they have the skills and knowledge to keep themselves safe, healthy and happy.

The Department for Education have set out clear guidance in the form of statutory guidelines about what we need to cover within the PSHE and RSE lessons. Our PSHE curriculum has been both structured around these guidelines and designed to meet the specific needs of our students. The lessons are divided into 5 areas:

Relationships and Sex Education (RSE), which is an important part of PSHE education and has been made statutory by the Department for Education for all secondary school pupils.

Health Education, this is also statutory and teaches students about physical health and mental wellbeing to give them the information they need to make good decisions about their own health and wellbeing.

Aspirations (Careers Information, Advice and Guidance), which is characterised by an ambitious approach of wide possibilities for students and is aimed to ensure high aspirations.

Economic understanding, where pupils are provided with age-appropriate knowledge about aspects such as interest, financial exploitation, scams, terms and conditions, contracts and debt.

Responsive lessons, as it is important for PSHE to be responsive to the needs of each year group. For these lessons the content will be planned nearer the time in response to their needs and based on the pastoral teams' reflections.

We are aware that many of the topics covered in PSHE lessons are sensitive and that it is useful for parents to know what is coming up in their child's lessons. To access an overview of each year group click [here](#) and the table below shows what is coming up for your child this term:

W/C	A/B	Theme	Topic	Students will be supported to:	Why is this important for our students?
04/09/2023	A		Training day		
11/09/2023	B	Careers (UCAS)	Completing UCAS/ apprenticeship applications	Have designated time to write their UCAS/apprenticeship applications using what they have learnt in year 12	These lessons build on from the work covered in year 12. Now they have learnt about the wide range of options available to them post 18. It is also important that students are given time and support to complete their UCAS/apprenticeship application
18/09/2023	A	Completing UCAS/ apprenticeship applications	Have designated time to write their UCAS/apprenticeship applications using what they have learnt in year 12	These lessons build on from the work covered in year 12. Now they have learnt about the wide range of options available to them post 18. It is also important that students are given time and support to complete their UCAS/apprenticeship application	Completing UCAS/ apprenticeship applications
25/09/2023	B	Careers	Completing UCAS/ apprenticeship applications	As above	As above
02/10/2023	A	Careers	Completing UCAS/ apprenticeship applications	As above	As above
09/10/2023	B	Careers	Completing UCAS/ apprenticeship applications	As above	As above
16/10/2023	A	Careers	Completing UCAS/ apprenticeship applications	As above	As above



23/10/23	B	Responsive	<p>An introduction to British Values and protected characteristics.</p> <p>To introduce Voice 21 Oracy skills and the importance of how to speak and listen to each other respectfully and effectively</p>	<p>Understand what is meant by Protected Characteristics and British Values.</p> <p>To understand why Voice 21 Oracy skills are an important life skill and should be practised within PSHE</p>	<p>It is important for students to understand what is meant by Protected Characteristics. It is also important to understand the values that we in Britain aspire to promote. This lesson launches the importance of Oracy skills. The class will develop and agree to a series of protocols to follow when engaging in class discussion. Oracy skills also includes how to evidence listening aswell.</p>
30/10/23			Holidays		
6/11/2023	A	Responsive	<p>Academic Reviews Data 1 Part 1 (Based on Data Drop from 26th Oc)</p>	<p>Complete private study during this lesson while the form tutor completes 1-2-1 academic reviews.</p>	<p>It is vital for students to have time at key points in the year to review their progress in their subjects and set targets</p>
13/11/2023	B	Responsive	<p>Academic Reviews Data 1 Part 2</p> <p>Anti-bullying Awareness Week (Odd Socks)</p>	<p>Complete private study during this lesson while the form tutor completes 1-2-1 academic reviews.</p> <p>There will also be an anti bullying focus in this lesson to link into the work that the rest of the school are completing to promote Odd Socks Day and the school's zero tolerance to bullying.</p>	<p>It is vital for students to have time at key points in the year to review their progress in their subjects and set targets.</p>



20/11/2023	A	HE	Physical health	Understand how to keep fit and stay healthy. To also understand that physical health impacts on mental health	This lesson builds from yr 12 lesson, healthy body healthy mind. Also, previous lessons linked to this from yr 7-11. Students need to understand how to keep healthy and how this impacts on mental health. This information is important to help students to make wise life choices.
27/11/2023	B	HE	Stress and mindfulness	Develop stress management techniques.	As students embark on their exams this academic year. It is important for students to learn how to manage stress and the benefits of mindfulness.
04/12/2023	A	Citizenship	Question time	Understand some of the key differences and similarities to political parties' viewpoints. To have the opportunity to ask questions and hear them be answered by a representative from a range of political parties.	This is a whole Sixth Form event. Students get the opportunity to ask questions to a representative from each political party. This is a fantastic opportunity for students to meet external speakers and ask them questions.
11/12/2023	B	RPE	RPE Session 1: Christmas	To explore the origins of Christmas. This will be a lecture style session lead by Robin Parmiter.	It is an important part of the Sixth Form Curriculum to have some RPE (Religion, Philosophy and Ethics) lessons. These sessions will help our students develop reflective thinking. To understand a range of points of view and other people's religious beliefs.



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18/12/2023	A	Responsive	Responsive Session	As part of the PSHE curriculum it is essential that it meets the needs of our Huntington School Students. Therefore blank responsive sessions are embedded into the PSHE plan to fill at a later date depended on the needs that arise within that particular year group. The Subject Leader of PSHE works closely with the pastoral team and uses students/staff voice to plan these bespoke sessions	
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We know that for these topics to have maximum impact on our students it is the conversations they have at home, based on what they have learnt that is vital. I would value any suggestions that you might have as well as any training that you feel you would benefit from as a parent so that I can support you and your child as you have conversations around these challenging topics.

I will send out a PSHE Parental Newsletter each term to highlight the content of your child's forthcoming PSHE and RSE lessons. If you have any questions or concerns, please do not hesitate to get in touch

Kindest regards

Ms Beth Pellemounter
Subject Leader of PSHE and Literacy Curriculum Coordinator
bj.pellemounter@huntington-ed.org.uk