



HUNTINGTON SCHOOL

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Headteacher: Mr M Smith

Friday 22<sup>nd</sup> December 2023

Dear Parent/Carer,

As we reach the end of our Autumn term, I wanted to write to you to share the overview of the **Year 13 PSHE content for the Spring Term.**

PSHE is an important part of our curriculum at Huntington School. Within this subject we strive to equip our students with life skills and knowledge to ensure that our students remain healthy, happy and safe both now and into their future adult lives.

The Department for Education have set out clear guidance in the form of statutory information about what we need to cover within the PSHE and RSE lessons. Our PSHE curriculum has been structured around these guidelines to meet the specific needs of our students. The lessons are divided into 5 categories.

	<p>Relationships and Sex Education (RSE)</p>	<p>This is an important part of PSHE education and has been made statutory by the Department for Education for all secondary school pupils. A wide range of topics are covered within this category such as; families, respectful relationships, consent and the law, how to stay safe, sexual health and sexual relationships.</p>
	<p>Health Education</p>	<p>This is also statutory and teaches students about physical health and mental wellbeing to give them the information they need to make good decisions about their own health and wellbeing. A wide range of topics are covered in this category such as; internet safety, healthy eating, physical health and fitness, basic first aid, the changing of the adolescent body and the dangers of; drugs, alcohol, tobacco and vaping</p>



	Aspirations (Careers Information, Advice and Guidance)	This is characterised by an ambitious approach of wide possibilities for students and is aimed to ensure high aspirations. The supported careers journey for each student at Huntington School is delivered through; careers events, personal guidance discussions, explicitly taught PSHE lessons on careers and the embedding of careers into the wider curriculum.
	Citizenship	Citizenship involves developing the knowledge, skills and confidence to enable our young people to make their own decisions and to take responsibility for their own lives and communities. We want our young people to leave their time at Huntington School with a strong grasp of the political, legal and economic functions of society, and with the social and moral awareness to thrive in it.
	Responsive lessons	It is important for PSHE to be responsive to the needs of each year group at Huntington School. For these lessons the content will be planned nearer the time in response to their needs and based on the pastoral teams' reflections.

We are aware that many of the topics covered in PSHE lessons are sensitive and that it is useful for parents to know what is coming up in their child's lessons. The table below shows what is coming up for your child this term and if you wish to access an overview of each year group click [here](#)



01/01/2024		Holidays			
08/1/2024	B	Citizenship	How to budget	Understand what budgeting is and the different ways you can do this in order save money and make your earnings last until next pay day.	This is a sequence of lessons that teach students essential life skills involving money and the wider world of work. This lesson explores ways in which students can budget so that they can save and make their earnings last the full month.
15/01/2024	A	Citizenship	Employment rights	Learn about Employment Rights.	It is important for students to understand what is meant by employment rights and how this might impact on them.
22/01/2024	B	Citizenship	Accommodation when you leave home	Understand about the different types of accommodation that will be available to them when they leave home. How payment such as rent/ student halls of residence, mortgages work.	It is important for students to learn about the accommodation options available to them when they choose to leave home and finance linked to this.
29/01/2024	A	Citizenship	Personal finance	Understand what personal finance is. How students can manage their personal money, student loans and how to keep their money safe.	To understand how to look after your personal finances. To understand how student loans work, why you might choose to get one.
05/02/2024	B	HE	Basic first aid	Revision on how to call to call the emergency services Basic first aid, dealing with common injuries, including head injuries. Lifesaving skills how to administer CPR The purpose of defibrillators and when they might be needed	It is important to understand basic first for dealing with common injuries, including head injuries.
12/02/2024		Holidays			
19/02/2024	A	RPE	RPE Session 2	This session will be a a lecture style format delivered by the RPE Department staff.	It is an important part of the Sixth Form Curriculum to have some RPE (Religion, Philosophy and Ethics) lessons. These sessions will help our students develop reflective thinking. To understand a range of points of view and other people's religious beliefs.



26/02/2024	B	RPE	RPE Session 3	This session will be a a lecture style format delivered by the RPE Department staff.	It is an important part of the Sixth Form Curriculum to have some RPE (Religion, Philosophy and Ethics) lessons. These sessions will help our students develop reflective thinking. To understand a range of points of view and other people's religious beliefs.
04/03/2024	A	RSE	Summer Safety Sessions 1: Safe Sex (the impact of alcohol and drugs on choices over sex)	<p>Understand what Safe Sex is</p> <p>To understand the risks of Unprotected Sex and what STI's are</p> <p>To understand how to protect yourself from STI's and getting pregnant</p> <p>To understand how to be safe when using a condom use.</p> <p>To understand what to do if you have had unprotected sex</p>	Here are 3 sessions that are responsive to preparing our students to stay safe and happy when embarking on their long summer holiday break. A reminder of the content of these lessons will also be revisited during form time in the final weeks of their time at school
11/03/2024	B	Responsive	Summer Safety Sessions 2: Water Safety	<p>Understand water dangers</p> <p>Top tips to keep safe when swimming</p> <p>To understand the dangers of the river Ouse when on a night out in York.</p>	Here are 3 sessions that are responsive to preparing our students to stay safe and happy when embarking on their long summer holiday break. A reminder of the content of these lessons will also be revisited during form time in the final weeks of their time at school. Water safety is especially important to understand when living in York with a river running through the city centre.
18/03/2024	A	Responsive	Summer Safety Sessions 3: Sun Safety and Festival Safety Revision	<p>Understand what the benefits and risks are of being in the sun</p> <p>To understand how to enjoy the sun but keep protected</p> <p>To understand how to be prepared when attending a Festival.</p> <p>To know how to keep stuff safe</p>	Here are 3 sessions that are responsive to preparing our students to stay safe and happy when embarking on their long summer holiday break. A reminder of the content of these lessons will also be revisited during form time in the final weeks of their time at school. Festival



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				To know how to keep yourself and your friends safe while having fun.	Safety is especially important for Huntington School students as many attend Leeds Fest over the summer break.
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We know that for these topics to have maximum impact on our students it is the conversations they have at home, based on what they have learnt that is vital. We would value any suggestions that you might have as well as any training that you feel you would benefit from as a parent so that we can support you and your child as you have conversations around these challenging topics. We are grateful to parents who have offered feedback about how useful they find the PSHE photographs on our school's social media. As a result, we endeavour to develop our PSHE social media presence further. We have a Huntington School PSHE Logo, which will be placed on all PSHE related photographs on Facebook so you can easily see the PSHE curriculum in action. We hope this will help to prompt PSHE based conversations at home.

If you have any questions or concerns, please do not hesitate to get in touch  
[bj.pellemounter@huntington-ed.org.uk](mailto:bj.pellemounter@huntington-ed.org.uk)

Merry Christmas and kindest regards

A handwritten signature in black ink, appearing to read 'Beth Pellemounter'.

Ms Beth Pellemounter  
Subject Leader of PSHE & RSE and Literacy Curriculum Coordinator

