



HUNTINGTON SCHOOL

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Headteacher: Mr M Smith

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Dear Parent/Carer,

I am writing first to introduce myself. I am Assistant Subject Leader of PSHE (Personal, Social, Health and Economic Education) & RSE (Relationship and Sex Education). As we start the Summer Term, I wanted to share with you the overview of the Year 7 PSHE content for this term.

PSHE is an integral part of our curriculum at Huntington School. Within the subject we provide students with the life skills needed keep safe, healthy and happy both now and in their adult lives.

The Department for Education have set clear guidance in the form of statutory information for what we need to cover. Our PSHE curriculum has been structured around these guidelines to meet the specific needs of our students. The lessons are divided into 5 categories as from page 2 of this letter.






We know that in order for these topics to have the maximum impact on our students, the conversations had at home are vital. I would value any suggested training you feel you would benefit from as a parent, so I can support you and your child in having these important conversations around potentially challenging topics.

If you have any questions or concerns, please don't hesitate to get in touch.  
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Kindest regards,

Miss Sanchia Roworth  
*Assistant Subject Leader of PSHE & RSE and Teacher of Physical Education*



	<p>Relationships and Sex Education (RSE)</p>	<p>This has been made statutory by the Department for Education for all secondary school pupils and is an important part of PSHE. A wide range of topics are covered within this category such as; families, respectful relationships, consent and the law, how to stay safe, sexual health and sexual relationships.</p>
	<p>Health Education</p>	<p>Health Education is also statutory and teaches students the necessary information they need to make positive decisions about their own health and wellbeing. The topics covered in this category are; internet safety, healthy eating, physical health and fitness, basic first aid, the changing of the adolescent body and the dangers of; drugs, alcohol, tobacco and vaping.</p>
	<p>Aspirations (Careers Information, Advice and Guidance)</p>	<p>This is characterised by an ambitious approach of wide possibilities for students and is aimed to ensure high aspirations. The supported careers journey for each student at Huntington School is delivered through; careers events, personal guidance discussions, explicitly taught PSHE lessons on careers and the embedding of careers into the wider curriculum.</p>
	<p>Citizenship</p>	<p>Citizenship involves developing the knowledge, skills and confidence to enable our young people to make their own decisions and to take responsibility for their own lives. We want our students to leave Huntington School with good knowledge of the political, legal and economic functions of society, and with the social and moral awareness to thrive.</p>
	<p>Responsive lessons</p>	<p>It is important for PSHE to be responsive to the needs of each year group at Huntington School. For these lessons the content will be planned nearer the time in response to their needs and based on the pastoral teams' reflections.</p>

We are aware that many of the topics covered in PSHE lessons are sensitive and that it is useful for parents to know what is coming up in their child's lessons. The table below shows what is coming up for your child this term and if you wish to access an overview of each year group click [here](#)

25/03/2024	Holidays			
01/04/2024	Holidays			
08/04/2024	RSE	Intro to consent- Part 2	Learn about what consent means, both legally and ethically. To learn what it looks like in practice	This is a lesson that will be revisited throughout the PSHE curriculum. It is important for students to understand what the word, Consent mean. Also, what it looks like in practise and what the law says about it.
15/04/2024	Citizenship	Finance: The function and uses of money	Understand why money is important, the functions of it and how it can be used.	A key life skill is to understand finances. How to manage money and keep control of it. In their maths curriculum, students are given the skills to understand how to apply their maths to money management. But in PSHE they will learn how it applies to real life scenarios.
22/04/2024	Responsive-requested by year team	Racism	To understand what racism is and how it is never acceptable.	Students need to understand the appropriate way to treat others and that racism is <b>never</b> ok.
29/04/2024	Revision	Exams- How to Revise	Next week is the year 7 exam week. Students will be given time to revise during this PSHE lesson. They will also be given some revision strategies to help them with their work.	Students will learn about a range of revision strategies that they could explore using. They will also learn about methods to look after their mental health during the exam period.
06/05/2024	Bank Holiday Monday		Year 7 Exams Week	
13/05/2024	RSE	FGM	Revise the different parts of the female reproductive organs (genitalia) Understand what female genital mutilation (FGM) is. Know that FGM is illegal and where someone at risk can get help	It is important for students to understand what the term FGM means. Students need to understand the facts, identify the risks and what support there is available.

20/05/2024	Citizenship	The power of unity	Understand the power that 'unity' has to transform societies and shape British values. Students will build empathy with the film's key characters by discovering what shaped their views and actions at the time and reflecting on how British values have developed to include tolerance and respect for cultural diversity and interracial relationships.	Our students will be empowered to become ambassadors for unity, promoting tolerance both in school and the wider community
27/05/2024	Holidays			
03/06/2024	Citizenship	Parliamentary democracy – What is it all about?	Understand the history of Parliamentary Democracy Understand what role the monarchy plays in the UK Debate whether it is time for the monarchy to change	Citizenship is essential as it will support students in the future to make informed choices. This series of lessons will develop pupils' understanding of democracy, government and the rights and responsibilities of citizens. Pupils will use and apply their knowledge and understanding while developing skills to research and interrogate evidence, debate and evaluate viewpoints, present reasoned arguments and take informed action.
10/06/2024	Citizenship	Parliamentary democracy	Understand how the system of parliamentary democracy fits together. Students will think about the role of a political party	Students might not be aware of how our political system has evolved over a long period of time. This will help them put our political system into its modern context. When hearing/reading about the news, particularly on social media – they should be informed and be able to recognise key political phrases.

17/06/2024	Citizenship	Parliamentary democracy	Find out what an MP does. Students will investigate what happens in the House of Commons and how a law gets made Students will experience what it is like to take part in a debate.	In order to understand our society, it is important for students to recognise how changes are made. They will be able to replicate a debate to see how arguments are formed and that different viewpoints exist. Being respectful of other viewpoints is important.
24/06/2024	Citizenship	Parliamentary democracy	Students will replicate a debate and evaluate how they have done after they have a vote.	As above.
01/07/2024	Citizenship	Parliamentary democracy	Understand what happens in the House of Lords and think about its future. What should a reformed Lords look like?	Our political system is unique, and students should be able to say why reforms might happen in the future. Some of our institutions are said to be undemocratic and students should be able to articulate what they think about this.
08/07/2024	Citizenship	Parliamentary democracy	Think about how they can make a change. They will find out what a pressure group is and what lobbying is. They will think about how campaigns are organised online.	Students may be increasingly familiar with online campaigns. They should be able to make informed decisions as they become older.
15/07/2024	Citizenship	Parliamentary democracy	Find out what the government does and how it is organised. Assessment on topic	With so much changing over recent years in government, students should be able to recognise what the role of government is what party is in power etc.
23/7/2024	RSE	Sexual Exploitation	Learn about what Human Trafficking is through the Mo Farah documentary. To understand the importance of being aware to remain safe.	This is an important topic to learn about to become aware about the wider world dangers and how to keep themselves safe.