



HUNTINGTON SCHOOL

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Headteacher: Mr M Smith

8th April 2024

Dear Parent/carer,

I am writing first to introduce myself. I am Assistant Subject Leader of PSHE (Personal, Social, Health and Economic Education) & RSE (Relationship and Sex Education). As we start the Summer Term I wanted to share with you the overview of the Year 8 PSHE content for this term.

PSHE is an integral part of our curriculum at Huntington School. Within the subject we provide students with the life skills needed keep safe, healthy and happy both now and in their adult lives.

The Department for Education have set clear guidance in the form of statutory information for what we need to cover. Our PSHE curriculum has been structured around these guidelines to meet the specific needs of our students. The lessons are divided into 5 categories as shown on page 2 of this letter.






We know that in order for these topics to have the maximum impact on our students, the conversations had at home are vital. I would value any suggested training you feel you would benefit from as a parent, so I can support you and your child in having these important conversations around potentially challenging topics.

If you have any questions or concerns, please don't hesitate to get in touch.
s.roworth@huntington-ed.org.uk

Kindest regards,

Miss Sanchia Roworth
Assistant Subject Leader of PSHE & RSE and Teacher of Physical Education



	<p>Relationships and Sex Education (RSE)</p>	<p>This has been made statutory by the Department for Education for all secondary school pupils and is an important part of PSHE. A wide range of topics are covered within this category such as; families, respectful relationships, consent and the law, how to stay safe, sexual health and sexual relationships.</p>
	<p>Health Education</p>	<p>Health Education is also statutory and teaches students the necessary information they need to make positive decisions about their own health and wellbeing. The topics covered in this category are; internet safety, healthy eating, physical health and fitness, basic first aid, the changing of the adolescent body and the dangers of; drugs, alcohol, tobacco and vaping.</p>
	<p>Aspirations (Careers Information, Advice and Guidance)</p>	<p>This is characterised by an ambitious approach of wide possibilities for students and is aimed to ensure high aspirations. The supported careers journey for each student at Huntington School is delivered through; careers events, personal guidance discussions, explicitly taught PSHE lessons on careers and the embedding of careers into the wider curriculum.</p>
	<p>Citizenship</p>	<p>Citizenship involves developing the knowledge, skills and confidence to enable our young people to make their own decisions and to take responsibility for their own lives. We want our students to leave Huntington School with good knowledge of the political, legal and economic functions of society, and with the social and moral awareness to thrive.</p>
	<p>Responsive lessons</p>	<p>It is important for PSHE to be responsive to the needs of each year group at Huntington School. For these lessons the content will be planned nearer the time in response to their needs and based on the pastoral teams' reflections.</p>

We are aware that many of the topics covered in PSHE lessons are sensitive and that it is useful for parents to know what is coming up in their child's lessons. The table below shows what is coming up for your child this term and if you wish to access an overview of each year group click [here](#)

25/03/2024	Holidays			
01/04/2024	Holidays			
08/04/2024	HE	Healthy School: Carousel 2	Fixed Session: Challenging stereotypes in Sport (all do this session together) Carousel: Mindfulness Carousel: Walk Carousel: gym etiquette and cleanliness Carousel: Fitness session	It is important for students to understand the importance of regular exercise and the benefits that this brings. This Healthy School Carousel will educate students about this but also give them the experience of a range of classes that will help with them keep fit.
15/04/2024	HE	Healthy School: Carousel 3	See above	It is important for students to understand the importance of regular exercise and the benefits that this brings. This Healthy School Carousel will educate students about this but also give them the experience of a range of classes that will help with them keep fit.
22/04/2024	HE	Healthy School: Carousel 4	See above	It is important for students to understand the importance of regular exercise and the benefits that this brings. This Healthy School Carousel will educate students about this but also give them the experience of a range of classes that will help with them keep fit.
29/04/2024	Responsive Revision Strategies- How to revise	In preparation for Y8 exams week, students need to learn how to revise	It is important for students to be given some time in lesson to revise and prepare for their forthcoming exams. Linking to Mental Health Awareness week students will also be given skills to manage exams related anxiety and stress.	

06/05/ 2024	Bank Holiday Monday			
13/05/ 2024	Revision	This is year 8 exam week and so students will be given time in this lesson to revise and develop skills on how to revise. Students will also be supported with strategies to help with anxiety linked to exams work	It is important for students to be given some time in lesson to revise and prepare for their forthcoming exams. Linking to Mental Health Awareness week students will also be given skills to manage exams related anxiety and stress.	
20/05/ 2024	Citizenship	The power of unity	Understand the power that 'unity' has to transform societies and shape British values. Students will build empathy with the film's key characters by discovering what shaped their views and actions at the time, and reflecting on how British values have developed to include tolerance and respect for cultural diversity and interracial relationships.	Our students will be empowered to become ambassadors for unity, promoting tolerance both in school and the wider community
27/05/ 2024	Holidays			
03/06/ 2024	Citizenship 1 How well are liberties protected in the UK?	Rights and responsibilities	Understand the development of rights in history. To be able to recall some examples of rights. To be able to recognise human rights being enjoyed and denied in the contemporary world.	This lesson aims to give an introduction and overview of human rights. It focuses on the human rights listed in the Universal Declaration of Human rights drafted by the United Nations.

10/06/2024	Citizenship 2	Criminal and civil law	<p>Understand what civil law is.</p> <p>Understand what criminal law is.</p> <p>Understand how the UK court system is structured.</p>	<p>This lesson focuses on the difference between criminal and civil law and the need for both within the justice system. Students will explore examples of issues that are covered by criminal and civil law in order to gain knowledge of the importance of both systems and how these support the rights of citizens. The lesson then moves to explore the court system in England and how this works.</p>
17/06/2024	Citizenship 3	UK Courts	<p>Understand what a jury is</p> <p>Understand what a magistrate is.</p>	<p>This lesson allows students to explore another element of the criminal justice system in terms of how the decision of guilt is made. This is an area where students often arrive with misconceptions based on film and television. By completing these activities the students will gain a full understanding of how this element of the justice system works and the role citizens play within this.</p>
24/06/2024	Citizenship 4	Prison and punishment	<p>Understand why we punish lawbreakers.</p> <p>Understand different punishments we use in the UK.</p>	<p>This lesson provides the opportunity for students to consider how sentencing and punishment works in England and compare this with approaches in other countries. The lesson is designed to prepare them for the final lesson in this sequence. They will gain an overview of the reason for sentences and deepen their understanding beyond the commonly held misconception that the justice system is only about punishment.</p>

01/07/ 2024	Citizenship 5	Prison and rehabilitation	<p>Understand what is meant by incarceration</p> <p>Debate when prisons are successful and unsuccessful</p> <p>Develop a viewpoint around rehabilitation.</p>	<p>This lesson focuses on the role of prisons and whether they work to protect the public, limit freedoms, deter crime and rehabilitate prisoners. It allows students to use and apply learning from previous lessons. There is a focus on rights as we aim to ensure the enquiry question is fully considered.</p>
08/07/ 2024	Citizenship 6	Inequality in society	<p>Understand what is meant by inequality and what this looks like in society.</p> <p>To understand what we can do as active citizens.</p>	<p>It is important to understand these key terms, explore how this looks in society and to understand further what we as citizens can do to make the world a better place to live in.</p>
15/07/ 2024	Citizenship 7	Racism in society and action	<p>Understand what is meant by racism. To explore what this can look like in society and to understand what we can do as active citizens</p>	<p>It is important to understand these key terms, explore how this looks in society and to understand further what we as citizens can do to make the world a better place to live in.</p>
23/7/2 024	RSE	Contraception	<p>Understand different types of contraception available</p> <p>Understand safe sex</p>	<p>It is important for pupils to have knowledge of contraception and to learn about safe sex. This lesson builds on a lesson on STIs had previously in the year.</p>