



HUNTINGTON SCHOOL

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Headteacher: Mr M Smith

8th April 2024

Dear Parent/carers,

I am writing first to introduce myself. I am Assistant Subject Leader of PSHE (Personal, Social, Health and Economic Education) & RSE (Relationship and Sex Education). As we start the Summer Term, I wanted to share with you the overview of the Year 9 PSHE content for the coming summer term.

PSHE is an integral part of our curriculum at Huntington School. Within the subject we provide students with the life skills needed keep safe, healthy and happy both now and in their adult lives.

The Department for Education have set clear guidance in the form of statutory information for what we need to cover. Our PSHE curriculum has been structured around these guidelines to meet the specific needs of our students. The lessons are divided into 5 categories as seen on page 2 of this letter.






We know that in order for these topics to have the maximum impact on our students, the conversations had at home are vital. I would value any suggested training you feel you would benefit from as a parent, so I can support you and your child in having these important conversations around potentially challenging topics.

If you have any questions or concerns, please don't hesitate to get in touch.
s.roworth@huntington-ed.org.uk

Kindest regards,

Miss Sanchia Roworth
Assistant Subject Leader of PSHE & RSE and Teacher of Physical Education



	<p>Relationships and Sex Education (RSE)</p>	<p>This has been made statutory by the Department for Education for all secondary school pupils and is an important part of PSHE. A wide range of topics are covered within this category such as; families, respectful relationships, consent and the law, how to stay safe, sexual health and sexual relationships.</p>
	<p>Health Education</p>	<p>Health Education is also statutory and teaches students the necessary information they need to make positive decisions about their own health and wellbeing. The topics covered in this category are; internet safety, healthy eating, physical health and fitness, basic first aid, the changing of the adolescent body and the dangers of; drugs, alcohol, tobacco and vaping.</p>
	<p>Aspirations (Careers Information, Advice and Guidance)</p>	<p>This is characterised by an ambitious approach of wide possibilities for students and is aimed to ensure high aspirations. The supported careers journey for each student at Huntington School is delivered through; careers events, personal guidance discussions, explicitly taught PSHE lessons on careers and the embedding of careers into the wider curriculum.</p>
	<p>Citizenship</p>	<p>Citizenship involves developing the knowledge, skills and confidence to enable our young people to make their own decisions and to take responsibility for their own lives. We want our students to leave Huntington School with good knowledge of the political, legal and economic functions of society, and with the social and moral awareness to thrive.</p>
	<p>Responsive lessons</p>	<p>It is important for PSHE to be responsive to the needs of each year group at Huntington School. For these lessons the content will be planned nearer the time in response to their needs and based on the pastoral teams' reflections.</p>

We are aware that many of the topics covered in PSHE lessons are sensitive and that it is useful for parents to know what is coming up in their child's lessons. The table below shows what is coming up for your child this term and if you wish to access an overview of each year group click [here](#)

25/03/2024	Holidays			
01/04/2024	Holidays			
08/04/2024	<p>Citizenship 5</p> <p>(Sexual Health Nurse visit 1 form group at a time on rotation)</p>	<p>Prison and punishment</p>	<p>Understand why we punish lawbreakers.</p> <p>Understand different punishments we use in the UK.</p>	<p>This lesson provides the opportunity for students to consider how sentencing and punishment works in England and compare this with approaches in other countries. The lesson is designed to prepare them for the final lesson in this sequence. They will gain an overview of the reason for sentences and deepen their understanding beyond the commonly held misconception that the justice system is only about punishment.</p>
15/04/2024	<p>Citizenship 6</p> <p>(Sexual Health Nurse visit 1 form group at a time on rotation)</p>	<p>Prison and rehabilitation</p>	<p>Understand what is meant by incarceration</p> <p>Debate when prisons are successful and unsuccessful</p> <p>Develop a viewpoint around rehabilitation.</p>	<p>This lesson focuses on the role of prisons and whether they work to protect the public, limit freedoms, deter crime and rehabilitate prisoners. It allows students to use and apply learning from previous lessons. There is a focus on rights as we aim to ensure the enquiry question is fully considered.</p>
22/04/2024	<p>Citizenship 7</p> <p>(Sexual Health Nurse visit 1 form group at a time on rotation)</p>	<p>Inequality in society</p>	<p>Understand what is meant by inequality and what this looks like in society.</p> <p>To understand what we can do as active citizens.</p>	<p>It is important to understand these key terms, explore how this looks in society and to understand further what we as citizens can do to make the world a better place to live in.</p>

29/04/2024	Citizenship 7 (Sexual Health Nurse visit 1 form group at a time on rotation)	Racism in society	Understand what is meant by racism. To explore what this can look like in society and to understand what we can do as active citizens	
06/05/2024	Bank Holiday Monday			
13/05/2024	Responsive	Revision How to Revise	Next week is the year 9 exam week. Students will be given time to revise during this PSHE lesson. They will also be given some revision strategies to help them with their work.	Students will learn about a range of revision strategies that they could explore using. They will also learn about methods to look after their mental health during the exam period.
20/05/2024	Responsive	Revision Year 9 Exams week	Students will be given time to revise in this lesson which is the start of their exam week. They will have a short starter task to support them with their revision skills.	It is important for students to have staff supported time to revise during their exam week.
27/05/2024	Holidays			
03/06/2024	Careers lesson 1: Group A Group B: PSHE HE: Drugs- the law and managing influences	Group B: Drugs- the law and managing influences	Understand the legal terms 'possession', 'supply' and 'intent to supply' in relation to drugs The short and long-term legal consequences of being found in possession of, using, selling or supplying different classes of drugs	Our students need to understand these legal consequences to reduce their risk of becoming an offender.
10/06/2024	Group A: Careers Lesson 2 Group B: PSHE HE Alcohol	Group B: Alcohol	Understand the physical and psychological risks associated with alcohol consumption and what constitutes low risk alcohol consumption in adulthood The physical and psychological consequences of addiction including alcohol dependency	There are many negative side effects of alcohol use in teens, these include psychological effects, impaired concentration, increased risk of alcohol addiction and many physical effects.
17/06/2024	Group A: Careers lesson 3	Group B: Citizenship	Understand what fraud is and scams. To understand	A key life skill is to understand finances. How to manage money

	Group B: PSHE Citizenship	(Finance:) Managing risk	how to keep yourself and your money safe.	and keep control of it. In their maths curriculum, students are given the skills to understand how to apply their maths to money management. But in PSHE they will learn how it applies to real life scenarios.
24/06/2024	Group A Careers lesson 4 Group B: Careers Lesson 1			
01/07/2024	Group A: PSHE HE Drugs the law and managing influences Group B: Careers Lesson 2	Group B: Drugs- the law and managing influences	Understand the legal terms 'possession', 'supply' and 'intent to supply' in relation to drugs The short and long-term legal consequences of being found in possession of, using, selling or supplying different classes of drugs	Our students need to understand these legal consequences to reduce their risk of becoming an offender.
08/07/2024	Group A: PSHE HE Alcohol Group B: Careers Lesson 3	Group B: Alcohol	Understand the physical and psychological risks associated with alcohol consumption and what constitutes low risk alcohol consumption in adulthood The physical and psychological consequences of addiction including alcohol dependency	There are many negative side effects of alcohol use in teens, these include psychological effects, impaired concentration, increased risk of alcohol addiction and many physical effects.
15/07/2024	Group A: PSHE Citizenship Finance Managing Risk Group B: Careers Lesson 4	Group B: Citizenship (Finance:) Managing risk	Understand what fraud is and scams. To understand how to keep yourself and your money safe.	A key life skill is to understand finances. How to manage money and keep control of it. In their maths curriculum, students are given the skills to understand how to apply their maths to money management. But in PSHE they will learn how it applies to real life scenarios.