



HUNTINGTON SCHOOL

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Headteacher: Mr M Smith

8th April 2024

Dear Parent/carer,

I am writing first to introduce myself. I am Assistant Subject Leader of PSHE (Personal, Social, Health and Economic Education) & RSE (Relationship and Sex Education). As we start the Summer Term, I wanted to share with you the overview of the Year 12 PSHE content for this term.

PSHE is an integral part of our curriculum at Huntington School. Within the subject we provide students with the life skills needed keep safe, healthy and happy both now and in their adult lives.

The Department for Education have set clear guidance in the form of statutory information for what we need to cover. Our PSHE curriculum has been structured around these guidelines to meet the specific needs of our students. The lessons are divided into 5 categories as shown on page 2 of this letter.

We know that in order for these topics to have the maximum impact on our students, the conversations had at home are vital. I would value any suggested training you feel you would benefit from as a parent, so I can support you and your child in having these important conversations around potentially challenging topics.

If you have any questions or concerns, please don't hesitate to get in touch.






s.roworth@huntington-ed.org.uk

Kindest regards,

Miss Sanchia Roworth

Assistant Subject Leader of PSHE & RSE and Teacher of Physical Education



	<p>Relationships and Sex Education (RSE)</p>	<p>This has been made statutory by the Department for Education for all secondary school pupils and is an important part of PSHE. A wide range of topics are covered within this category such as; families, respectful relationships, consent and the law, how to stay safe, sexual health and sexual relationships.</p>
	<p>Health Education</p>	<p>Health Education is also statutory and teaches students the necessary information they need to make positive decisions about their own health and wellbeing. The topics covered in this category are; internet safety, healthy eating, physical health and fitness, basic first aid, the changing of the adolescent body and the dangers of; drugs, alcohol, tobacco and vaping.</p>
	<p>Aspirations (Careers Information, Advice and Guidance)</p>	<p>This is characterised by an ambitious approach of wide possibilities for students and is aimed to ensure high aspirations. The supported careers journey for each student at Huntington School is delivered through; careers events, personal guidance discussions, explicitly taught PSHE lessons on careers and the embedding of careers into the wider curriculum.</p>
	<p>Citizenship</p>	<p>Citizenship involves developing the knowledge, skills and confidence to enable our young people to make their own decisions and to take responsibility for their own lives. We want our students to leave Huntington School with good knowledge of the political, legal and economic functions of society, and with the social and moral awareness to thrive.</p>
	<p>Responsive lessons</p>	<p>It is important for PSHE to be responsive to the needs of each year group at Huntington School. For these lessons the content will be planned nearer the time in response to their needs and based on the pastoral teams' reflections.</p>

We are aware that many of the topics covered in PSHE lessons are sensitive and that it is useful for parents to know what is coming up in their child's lessons. The table below shows what is coming up for your child this term and if you wish to access an overview of each year group click [here](#)

25/03/2024	Holidays			
01/04/2024	Holidays			
08/04/2024	Careers	Why go to university/choosing a course and university.	Explore why they might want to go to university, how to begin to choose a course and a university.	Northumbria University will deliver this talk to the students. It is important that all students learn about the wide range of options available to them post 18. It is also important that students feel supported in their decision making, equipped with correct and up to date information
15/04/2024	Citizenship (finance visitor)	Finance Education	Learn how to control personal finances.	This is an important part of personal development as student will need to know how to save, budget and manage money.
22/04/2024	Citizenship (finance visitor)	Finance Education	Learn how to control personal finances.	This is an important part of personal development as student will need to know how to save, budget and manage money.
29/04/2024	Responsive	Academic Review Data 2 part 1	Complete private study during this lesson while the form tutor completes 1-2-1 academic reviews.	It is vital for students to have time at key points in the year to review their progress in their subjects and set targets.
06/05/2024	Bank Holiday Monday			
13/05/2024	HE	Mental Health Awareness Week Understanding Self Care & Academic Review Data 2 part 2	To revise the importance of mental health. To learn what Self-care is explore how this can be embedded into their own daily routines. Complete private study during this lesson while the form tutor completes 1-2-1 academic reviews.	Following covid Mental health remains a challenge for many of our students. This session is a reminder of what the term Self Care means and teaches them how it can be applied to themselves It is vital for students to have time at key points in the year to review their progress in their subjects and set targets.

20/05/2024	Citizenship	Poverty in the UK	<p>Understand what is meant by the word Poverty To understand what Poverty can look like in the UK Explore the causes and effects of Poverty Explore what the possible solutions to poverty are To understand how people can access support, and how can we support others</p>	<p>This is part of a sequence of lessons about British Values & Living in the Wider World. This lesson is vitally important to understand what Poverty is and how it impacts on people within the UK, including York. It is important that everyone understands what help and support is available. Also, to understand how we all can help others and reflect on how we spend our own money</p>
27/05/2024	Holidays			
03/06/2024	RSE	Pregnancy, fertility, miscarriage and abortions	<p>To understand the facts about reproductive health. To Identify key legal considerations in relation to abortion Explain why there are strongly held views on either side of the abortion debate. Learn what an effective parent can look like. To understand what skills are needed to parent well. Understand the facts about pregnancy and miscarriage Explain where and how to access medical services and emotional support</p>	<p>It is important for students to explore the viewpoints of others and to be able to explain why there are strongly held views on either side of this subject. It is also important for students to know how to access medical and emotional advice and what the law says about abortion. It is important that students understand what skills and resources are needed to be an effective parent</p>
10/06/2024	Guest Speaker from OddBalls	OddBalls guest speaker	<p>To understand and raise awareness around testicular cancer. To overcome the stigma around the topic To encourage important conversations.</p>	<p>This session will be led by an external speaker and aims to raise our awareness around the topic and overcome stigma surrounding. This session is appropriate for all genders and hopes to start important conversation.</p>
17/06/2024	Responsive	How to Revise	<p>Attend to the short 'revision skills' focus provided on ppt. Students will use the rest of this time to revise for their forthcoming exams making use of what they have</p>	<p>It is important for students to have dedicated time to revise within the school day. It is vital that all students make full use of the time and understand clearly HOW to revise</p>

			learnt at the start of each lesson.	
24/06/2024	Responsive	Revision (Yr12 Mock Exams Week)	Attend to the short 'revision skills' focus provided on ppt. Students will use the rest of this time to revise for their forthcoming exams making use of what they have learnt at the start of each lesson.	It is important for students to have dedicated time to revise within the school day. It is vital that all students make full use of the time and understand clearly HOW to revise
01/07/2024	Careers	UCAS applications	Have dedicated time to write personal statements and complete Unifrog	It is important that all students learn about the wide range of options available to them post 18. It is also important that students feel supported in their decision making, equipped with correct and up to date information
08/07/2024	Careers	UCAS applications	Have dedicated time to write personal statements and complete Unifrog	It is important that all students learn about the wide range of options available to them post 18. It is also important that students feel supported in their decision making, equipped with correct and up to date information
15/07/2024	Careers	UCAS applications	Have dedicated time to write personal statements and complete Unifrog	It is important that all students learn about the wide range of options available to them post 18. It is also important that students feel supported in their decision making, equipped with correct and up to date information
23/7/2024	HE	Summer Festival Safety – Leeds Fest	To understand how to have fun but stay safe over the summer. This includes drugs and alcohol safety and the Law Alcohol and risk taking and Hygiene	This will be a useful session to remind student how to have fun over the summer but also to remain safe and make wise choices