



HUNTINGTON SCHOOL

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Dear Parent/Carer,




As we reach the end of our Autumn term, I wanted to write to you to share the overview of the **Year PSHE content for the Spring Term.**

PSHE is an important part of our curriculum at Huntington School. Within this subject we strive to equip our students with life skills and knowledge to ensure that our students remain healthy, happy and safe both now and into their future adult lives.

The Department for Education have set out clear guidance in the form of statutory information about what we need to cover within the PSHE and RSE lessons. Our PSHE curriculum has been structured around these guidelines to meet the specific needs of our students. The lessons are divided into 5 categories

	<p>Relationships and Sex Education (RSE)</p>	<p>This is an important part of PSHE education and has been made statutory by the Department for Education for all secondary school pupils. A wide range of topics are covered within this category such as; families, respectful relationships, consent and the law, how to stay safe, sexual health and sexual relationships.</p>
	<p>Health Education</p>	<p>This is also statutory and teaches students about physical health and mental wellbeing to give them the information they need to make good decisions about their own health and wellbeing. A wide range of topics are covered in this category such as; internet safety, healthy eating, physical health and fitness, basic first aid, the changing of the adolescent body and the dangers of; drugs, alcohol, tobacco and vaping</p>



	Aspirations (Careers Information, Advice and Guidance)	This is characterised by an ambitious approach of wide possibilities for students and is aimed to ensure high aspirations. The supported careers journey for each student at Huntington School is delivered through; careers events, personal guidance discussions, explicitly taught PSHE lessons on careers and the embedding of careers into the wider curriculum.
	Citizenship	Citizenship involves developing the knowledge, skills and confidence to enable our young people to make their own decisions and to take responsibility for their own lives and communities. We want our young people to leave their time at Huntington School with a strong grasp of the political, legal and economic functions of society, and with the social and moral awareness to thrive in it.
	Responsive lessons	It is important for PSHE to be responsive to the needs of each year group at Huntington School. For these lessons the content will be planned nearer the time in response to their needs and based on the pastoral teams' reflections.

We are aware that many of the topics covered in PSHE lessons are sensitive and that it is useful for parents to know what is coming up in their child's lessons. The table below shows what is coming up for your child this term and if you wish to access an overview of each year group click [here](#)



01/01/2024		Holidays			
08/1/2024	B	RSE and Voice 21	RSE: IDAS – Live testimony from local author about her escape from domestic abuse.	To understand what Domestic Abuse is, how to access support and the role of the charity IDAS. This is a live talk given by a visiting speaker who a local author and a survivor of domestic abuse IDAS played a key part to her survival.	This personal testimony from a domestic abuse survivor. It is vital that students understand where they can access help. This Q&A session will be a powerful story for students to hear in order to understand how easy it is to slip into an unhealthy relationship and how quickly control can set in. It is important that students also understand how to access support and set personal boundaries.
15/01/2024	A	RSE and Voice 21	Voice 21 Challenge prep	Prepare for their Voice 21 Oracy challenge in this lesson. This is an important experience for students to have in order to develop their oracy skills.	At Huntington school we strive to be a 'talk rich' community. Where students are given a safe space to develop their important oracy skills.
22/01/2024	B	RSE and Voice 21	Voice 21 Final Challenge presentation	Voice 21 Oracy Presentations	
29/01/2024	A	HE	E safety- online grooming	Understand how someone might try to groom online, recognise warning signs and how and where to get help To recognise the dangers of inappropriate use of mobile technology and social media	It is important for students' safety that they understand how grooming can take place online. Students are taught how to recognise the dangers of inappropriate use of mobile technology and social media.
05/02/2024	B	HE	E safety- online gaming and gambling	Correctly identify the dangers of gambling and how they are everywhere in modern life. Describe how it can be difficult it can be to avoid situations where you gamble, especially if you've done it before. Explain how online gambling sites use certain methods to hook in young people and why these are hard to resist.	It is important for students' safety that they understand the dangers of online gaming and gambling. It is key that they learn the methods that websites use to 'hook' people in and how to seek support when needed.
12/02/2024		Holidays			



19/02/2024	A	<p>Citizenship 1</p> <p>(Sexual Health Nurse visit 1 form group at a time on rotation)</p>	The power of unity	<p>Understand the power that 'unity' has to transform societies and shape British values.</p> <p>Students will build empathy with the film's key characters by discovering what shaped their views and actions at the time and reflecting on how British values have developed to include tolerance and respect for cultural diversity and interracial relationships.</p>	<p>Our students will be empowered to become ambassadors for unity, promoting tolerance both in school and the wider community</p>
26/02/2024	B	<p>Citizenship 2</p> <p>How well are liberties protected in the UK?</p> <p>(Sexual Health Nurse visit 1 form group at a time on rotation)</p>	Rights and responsibilities	<p>Understand the development of rights in history.</p> <p>Be able to recall some examples of rights.</p> <p>Be able to recognise human rights being enjoyed and denied in the contemporary world.</p>	<p>This lesson aims to give an introduction and overview of human rights. It focuses on the human rights listed in the Universal Declaration of Human rights drafted by the United Nations.</p>
04/03/2024	A	Careers	National Careers Week	<p>As part of National Careers Week, students will be engaged in several lessons/activities based on their future aspirations for the world of education, training and work.</p> <p>This lesson will be supported by Huntington School Alumni who will be returning to school to share their stories and support this lesson.</p>	<p>This session is to mark the National Careers Week which is taking place within the UK. It is important as it reminds students about the importance of considering their future.</p> <p>A big theme of this week is the influence of Huntington Alumni who will be heavily involved in National Careers Week. Our former students will be taking about their successes, setbacks and what they have learnt.</p> <p>Making the most of every experience (good and bad) is a very important message for our students.</p>



11/03/2024	B	Citizenship 3 (Sexual Health Nurse visit 1 form group at a time on rotation)	Criminal and civil law	Understand what civil law is. Understand what criminal law is. Understand how the UK court system is structured.	This lesson focuses on the difference between criminal and civil law and the need for both within the justice system. Students will explore examples of issues that are covered by criminal and civil law in order to gain knowledge of the importance of both systems and how these support the rights of citizens. The lesson then moves to explore the court system in England and how this works.
18/03/2024	A	Citizenship 4 (Sexual Health Nurse visit 1 form group at a time on rotation)	UK Courts	Understand what a jury is Understand what a magistrate is	This lesson allows students to explore another element of the criminal justice system in terms of how the decision of guilt is made. This is an area where students often arrive with misconceptions based on film and television. By completing these activities, the students will gain a full understanding of how this element of the justice system works and the role citizens play within this.



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We know that for these topics to have maximum impact on our students it is the conversations they have at home, based on what they have learnt that is vital. We would value any suggestions that you might have as well as any training that you feel you would benefit from as a parent so that we can support you and your child as you have conversations around these challenging topics. We are grateful to parents who have offered feedback about how useful they find the PSHE photographs on our school's social media. As a result, we endeavour to develop our PSHE social media presence further. We have a Huntington School PSHE Logo, which will be placed on all PSHE related photographs on Facebook so you can easily see the PSHE curriculum in action. We hope this will help to prompt PSHE based conversations at home.

If you have any questions or concerns, please do not hesitate to get in touch
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Merry Christmas and kindest regards



Ms Beth Pellemounter
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