



HUNTINGTON SCHOOL

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Friday 22nd December 2023

Dear Parent/Carer,




As we reach the end of our Autumn term, I wanted to write to you to share the overview of the **Year 10 PSHE content for the Spring Term**.

PSHE is an important part of our curriculum at Huntington School. Within this subject we strive to equip our students with life skills and knowledge to ensure that our students remain healthy, happy and safe both now and into their future adult lives.

The Department for Education have set out clear guidance in the form of statutory information about what we need to cover within the PSHE and RSE lessons. Our PSHE curriculum has been structured around these guidelines to meet the specific needs of our students. The lessons are divided into 5 categories.

	<p>Relationships and Sex Education (RSE)</p>	<p>This is an important part of PSHE education and has been made statutory by the Department for Education for all secondary school pupils. A wide range of topics are covered within this category such as; families, respectful relationships, consent and the law, how to stay safe, sexual health and sexual relationships.</p>
	<p>Health Education</p>	<p>This is also statutory and teaches students about physical health and mental wellbeing to give them the information they need to make good decisions about their own health and wellbeing. A wide range of topics are covered in this category such as; internet safety, healthy eating, physical health and fitness, basic first aid, the changing of the adolescent body and the dangers of; drugs, alcohol, tobacco and vaping</p>



	Aspirations (Careers Information, Advice and Guidance)	This is characterised by an ambitious approach of wide possibilities for students and is aimed to ensure high aspirations. The supported careers journey for each student at Huntington School is delivered through; careers events, personal guidance discussions, explicitly taught PSHE lessons on careers and the embedding of careers into the wider curriculum.
	Citizenship	Citizenship involves developing the knowledge, skills and confidence to enable our young people to make their own decisions and to take responsibility for their own lives and communities. We want our young people to leave their time at Huntington School with a strong grasp of the political, legal and economic functions of society, and with the social and moral awareness to thrive in it.
	Responsive lessons	It is important for PSHE to be responsive to the needs of each year group at Huntington School. For these lessons the content will be planned nearer the time in response to their needs and based on the pastoral teams' reflections.

We are aware that many of the topics covered in PSHE lessons are sensitive and that it is useful for parents to know what is coming up in their child's lessons. The table below shows what is coming up for your child this term and if you wish to access an overview of each year group click [here](#)



01/01/2024		Holidays			
08/1/2024	B	Citizenship and voice 21	The power of unity	Understand the power that 'unity' has to transform societies and shape British values. Students will build empathy with the film's key characters by discovering what shaped their views and actions at the time and reflecting on how British values have developed to include tolerance and respect for cultural diversity and interracial relationships.	Our students will be empowered to become ambassadors for unity, promoting tolerance both in school and the wider community
15/01/2024	A	Citizenship 1 and Voice 21	Citizenship: What is democracy 1	Deepen their understanding of democracy, government and the rights and responsibilities of citizens. To look at the different ways that citizens can act together to solve problems and contribute to society.	Our students need to be taught the knowledge they need to prepare them to play a full and active part in society
22/01/2024	B	Citizenship 2 and Voice 21	Citizenship: What is democracy 2	Deepen their understanding of democracy, government and the rights and responsibilities of citizens. To look at the different ways that citizens can act together to solve problems and contribute to society.	Our students need to be taught the knowledge they need to prepare them to play a full and active part in society.
29/01/2024	A	Citizenship 3 and Voice 21	Citizenship: What is democracy 3	Deepen their understanding of democracy, government and the rights and responsibilities of citizens. To look at the different ways that citizens can act together to solve problems and contribute to society.	Our students need to be taught the knowledge they need to prepare them to play a full and active part in society.
05/02/2024	B	RSE	Safer Internet Day (6 th Feb)	Understand how to keep themselves safe when using the internet	A revision session about how to keep safe on the internet.



12/02/2024			Holidays		
19/02/2024	A	Citizenship 4 and Voice 21	Citizenship: What is democracy 4	<p>Deepen their understanding of democracy, government and the rights and responsibilities of citizens. To look at the different ways that citizens can act together to solve problems and contribute to society.</p>	<p>Our students need to be taught the knowledge they need to prepare them to play a full and active part in society.</p>
26/02/2024	B	Citizenship 5 and Voice 21	Citizenship: What is democracy 5	<p>Deepen their understanding of democracy, government and the rights and responsibilities of citizens. To look at the different ways that citizens can act together to solve problems and contribute to society.</p>	<p>Our students need to be taught the knowledge they need to prepare them to play a full and active part in society.</p>
04/03/2024	A	Careers	National Careers Week	<p>As part of National Careers Week, students will be engaged in a number of lessons/activities based on their future aspirations for the world of education, training and work.</p> <p>This lesson will be supported by Huntington School Alumni who will be returning to school to share their stories and support this lesson.</p>	<p>This session is to mark the National Careers Week which is taking place within the UK. It is important as it reminds students about the importance of considering their future.</p> <p>A big theme of this week is the influence of Huntington Alumni who will be heavily involved in National Careers Week. Our former students will be taking about their successes, setbacks and what they have learnt.</p> <p>Making the most of every experience (good and bad) is a very important message for our students.</p>
11/03/2024	B	Citizenship and Voice 21	Citizenship: What is Democracy & Voice 21 Challenge prep	<p>Deepen their understanding of democracy, government and the rights and responsibilities of citizens.</p>	<p>Our students need to be taught the knowledge they need to prepare them to play a full and active part in society.</p>



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				<p>To look at the different ways that citizens can act together to solve problems and contribute to society. To consolidate the Oracy skills explored in this unit and to prepare for an oracy challenge.</p>	<p>Developing Oracy skills is an important life skill. This Oracy challenge will help students to understand how to adapt Oracy for different audiences.</p>
18/03/2024	A	Citizenship and Voice 21	Citizenship: What is Democracy & Voice 21 Final Challenge presentation	<p>Deepen their understanding of democracy, government and the rights and responsibilities of citizens. To look at the different ways that citizens can act together to solve problems and contribute to society.</p>	<p>Our students need to be taught the knowledge they need to prepare them to play a full and active part in society. Developing Oracy skills is an important life skill. This Oracy challenge will help students to understand how to adapt Oracy for different audiences.</p>



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We know that for these topics to have maximum impact on our students it is the conversations they have at home, based on what they have learnt that is vital. We would value any suggestions that you might have as well as any training that you feel you would benefit from as a parent so that we can support you and your child as you have conversations around these challenging topics. We are grateful to parents who have offered feedback about how useful they find the PSHE photographs on our school's social media. As a result, we endeavour to develop our PSHE social media presence further. We have a Huntington School PSHE Logo, which will be placed on all PSHE related photographs on Facebook so you can easily see the PSHE curriculum in action. We hope this will help to prompt PSHE based conversations at home.

If you have any questions or concerns, please do not hesitate to get in touch

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Merry Christmas and kindest regards

A handwritten signature in black ink, appearing to read 'Beth Pelleymounter'.



Ms Beth Pelleymounter

Subject Leader of PSHE & RSE and Literacy Curriculum Coordinator