



HUNTINGTON SCHOOL

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Friday 22nd December 2023

Dear Parent/Carer,




As we reach the end of our Autumn term, I wanted to write to you to share the overview of the **Year 11 PSHE content for the Spring Term.**

PSHE is an important part of our curriculum at Huntington School. Within this subject we strive to equip our students with life skills and knowledge to ensure that our students remain healthy, happy and safe both now and into their future adult lives.

The Department for Education have set out clear guidance in the form of statutory information about what we need to cover within the PSHE and RSE lessons. Our PSHE curriculum has been structured around these guidelines to meet the specific needs of our students. The lessons are divided into 5 categories.

	<p>Relationships and Sex Education (RSE)</p>	<p>This is an important part of PSHE education and has been made statutory by the Department for Education for all secondary school pupils. A wide range of topics are covered within this category such as; families, respectful relationships, consent and the law, how to stay safe, sexual health and sexual relationships.</p>
	<p>Health Education</p>	<p>This is also statutory and teaches students about physical health and mental wellbeing to give them the information they need to make good decisions about their own health and wellbeing. A wide range of topics are covered in this category such as; internet safety, healthy eating, physical health and fitness, basic first aid, the changing of the adolescent body and the dangers of; drugs, alcohol, tobacco and vaping</p>



	Aspirations (Careers Information, Advice and Guidance)	This is characterised by an ambitious approach of wide possibilities for students and is aimed to ensure high aspirations. The supported careers journey for each student at Huntington School is delivered through; careers events, personal guidance discussions, explicitly taught PSHE lessons on careers and the embedding of careers into the wider curriculum.
	Citizenship	Citizenship involves developing the knowledge, skills and confidence to enable our young people to make their own decisions and to take responsibility for their own lives and communities. We want our young people to leave their time at Huntington School with a strong grasp of the political, legal and economic functions of society, and with the social and moral awareness to thrive in it.
	Responsive lessons	It is important for PSHE to be responsive to the needs of each year group at Huntington School. For these lessons the content will be planned nearer the time in response to their needs and based on the pastoral teams' reflections.

We are aware that many of the topics covered in PSHE lessons are sensitive and that it is useful for parents to know what is coming up in their child's lessons. The table below shows what is coming up for your child this term and if you wish to access an overview of each year group click [here](#)



01/01/2024	Holidays				
08/1/2024	B	RPE Lesson 5	What Logical fallacies are commonly used in social media?	Understand what logical fallacies are and how radical worldviews use them to persuade people into adopting extreme worldviews.	There are 18 logical fallacies we will come across in this topic and we'll be practising spotting them in the real world. This will help us become less-easily misled and tempted by extreme worldviews.
15/01/2024	A	HE	Dealing with exam pressure	Understand how to manage exam pressure and build resilience	This is important topic to revisit as our students get closer to their final exams. In this session students will revise how to manage exam pressure, engage with Self-care and the power of organisation.
22/01/2024	B	Careers	Post 16 Applications	This session provides an opportunity for Year 11 students to apply for their chosen Post-16 destination/destinations/back-ups.	Although some students may have already applied for their Post-16 destination at this point, this lesson will provide ICT equipment and support to ensure all students have applied.
29/01/2024	A	Careers	Uni/Apprenticeships (main hall)	<p>This assembly-based session is designed to provide more detailed information and guidance for those students seriously considering apprenticeships as a post-16 option.</p> <p>For those not currently considering apprenticeships, they will be watching a video about universities instead.</p>	<p>Whilst most Huntington students tend to go to college or sixth form after Year 11, a significant number will also choose other routes – the most popular been apprenticeships.</p> <p>This session provides detailed information and advice around finding and applying for apprenticeships (for those considering this as a post-16 option as opposed to later in line), with those who are not considering a</p>



					<p>post-16 apprenticeship receiving information about universities.</p> <p>Both sessions will be recorded and made available online should any student wish to see both (which we actively encourage students to do).</p>
05/02/2024	B	Responsive	Revision Session	<p>Have a short 'revision skills' focus each week provided on ppt. Students will use the rest of this time to revise for their mock exams making use of what they have learnt at the start of each lesson.</p>	<p>It is important to for students to have dedicated time to revise within the school day. It is vital that all students make full use of the time and understand clearly HOW to revise.</p>
12/02/2024			Holidays		
19/02/2024	A	Responsive	Revision (Yr. 11 Mock exam week)	<p>Have a short 'revision skills' focus each week provided on ppt. Students will use the rest of this time to revise for their mock exams making use of what they have learnt at the start of each lesson.</p>	<p>It is important to for students to have dedicated time to revise within the school day. It is vital that all students make full use of the time and understand clearly HOW to revise.</p>
26/02/2024	B	RSE/ RPE	Is equality about treating everyone the same?	<p>Students will be exposed to topical issues in society that often divide and confuse people. These lessons are about allowing students to reflect on what equality really means and if it's even possible.</p>	<p>We hold "equality/equity" as good things, but often neither are possible. Students need to realise that there often isn't a single "right" answer when it comes to treating people equally.</p>
04/03/2024	A	Careers	National Careers Week	<p>As part of National Careers Week, students will be engaged in a number of lessons/activities based on their future</p>	<p>This session is to mark the National Careers Week which is taking place within the UK. It is important as it</p>



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				aspirations for the world of education, training and work. This lesson will be supported by Huntington School Alumni who will be returning to school to share their stories and support this lesson.	reminds students about the importance of considering their future. A big theme of this week is the influence of Huntington Alumni who will be heavily involved in National Careers Week. Our former students will be taking about their successes, setbacks and what they have learnt.
11/03/2024	B	RPE	Is positive discrimination an oxymoron?	What positive discrimination is and the ethical implications of it. What are benefits/issues with positive discrimination?	Our students need to be aware of how the world of employment uses positive discrimination to try and amend injustices in society. They also need to be able to challenge them if they think they're unfair.
18/03/2024	A	RPE	Is banning conversion therapy religious discrimination?	What conversion therapy is and the ethical implications of it. What are the benefits/issues with conversion therapy?	Our students need an understanding of how freedom of religious expression in the UK can often lead to conflict. Allowing total religious freedom can sometimes inhibit other freedoms.



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We know that for these topics to have maximum impact on our students it is the conversations they have at home, based on what they have learnt that is vital. We would value any suggestions that you might have as well as any training that you feel you would benefit from as a parent so that we can support you and your child as you have conversations around these challenging topics. We are grateful to parents who have offered feedback about how useful they find the PSHE photographs on our school's social media. As a result, we endeavour to develop our PSHE social media presence further. We have a Huntington School PSHE Logo, which will be placed on all PSHE related photographs on Facebook so you can easily see the PSHE curriculum in action. We hope this will help to prompt PSHE based conversations at home.

If you have any questions or concerns, please do not hesitate to get in touch

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Merry Christmas and kindest regards

A handwritten signature in black ink, appearing to read 'Beth Pelleymounter'.



Ms Beth Pelleymounter

Subject Leader of PSHE & RSE and Literacy Curriculum Coordinator